

PAMPA FAVOURITES

Gluten-free Brazilian cheese bread (Vegetarian)

6 pieces

8

12 pieces

12

Pampa Marinated Olives (Vegan - 11 oz.)

10

Marinated in olive oil with fennel and garlic; a tasty medley of Kalamata, Cerignola and Sicilian olives.

PAMPA GRILLED MEAT SKEWERS

Whole Skewer

(Beef skewers come with 2 oz. of Pampa chimichurri sauce)

Pampa Picanha - signature rumpsteak (30 oz.)

36

Beef rib-eye (30 oz.)

42

Beef petite tender (20 oz.)

23

Choose: Coarse sea salt or garlic purée

Marinated chicken drumsticks (24 oz.)

17

Bacon-wrapped chicken thighs (20 oz.)

21

Bacon-wrapped filet mignon (20 oz.)

28

Parmesan pork (17 oz.)

19

Garlic sausage (20 oz.)

19

Marinated boneless leg of lamb (20 oz.)

28

Caramelized grilled pineapple (whole)

14

Cinnamon and sugar

COMBOS FOR THE FAMILY (Serves up to 4 people)

59

Choose one meat skewer

Parmesan pork
Marinated chicken drumsticks
Garlic sausage
Beef petite tender - choose: Coarse sea salt or garlic purée

Choose one salad

Caesar (20 oz.)
Romaine, house-made Caesar dressing, croutons
Substitute for gluten-free croutons

2

Potato salad (28 oz.)
Carrots, green peas, fresh parsley, Pampa mayo

Roasted beets (22 oz.)
Onions, bell peppers, red wine vinegar

Broccoli salad (14 oz.)
Bite-size broccoli tossed with apples, sunflower seeds, dried cranberries and raisins in Pampa mint dressing

Fusilli pasta and grape salad (22 oz.)
Raisins, Parmesan, green peas, Pampa mayo

Spiced corn and maple ham salad (20 oz.)
Bell peppers, onions, lemon, honey, Pampa hot papaya sauce

Pickled cucumbers (24 oz.)
House-pickled

Choose one hot dish

Black bean stew (Feijoada) – (28 oz.)

A Brazilian classic! Slow-simmered black beans in beef stock with onions, garlic, beef, and pork

Beef stroganoff (28 oz.)

Tender marinated beef in a tomato cream sauce with mushrooms

Penne with chicken in a creamy cheese sauce (26 oz.)

Butter, bacon, cream cheese, tapioca starch, Parmesan, and cheddar

Choose one Side

White rice (17 oz.)

Vegan. Cooked with fresh minced garlic

Mashed potatoes (35 oz.)

Vegetarian. Oven-roasted in coconut milk, margarine, milk, and a hint of nutmeg and white pepper. Whipped until fluffy and smooth

Sautéed Broccoli and carrots (12 oz.)

Vegan. Olive oil, garlic

Roasted cauliflower (15 oz.)

Vegan. Garlic, chimichurri sauce

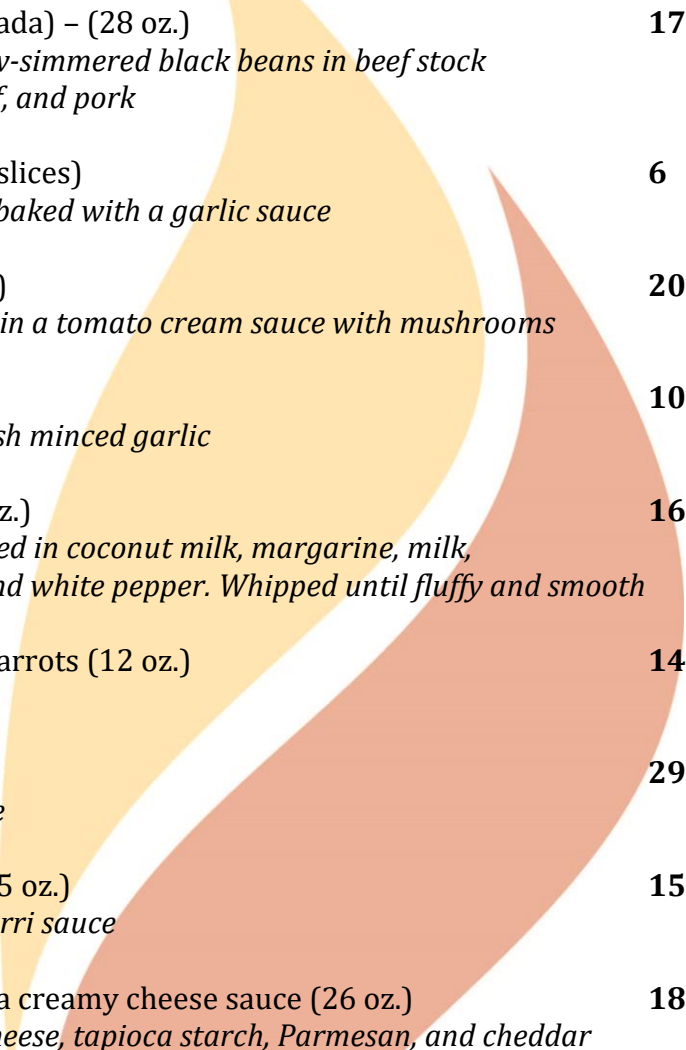
SALADS FOR THE FAMILY

GF – Gluten-free

V – Vegetarian

Caesar (18 oz.) – GF & V <i>Romaine, house-made Caesar dressing, croutons</i> <i>Substitute for gluten-free croutons</i>	16 2
Mixed greens salad (14 oz.) – GF & V <i>Served with passion fruit dressing</i>	15
Potato salad (28 oz.) – GF & V <i>Carrots, green peas, fresh parsley, Pampa mayo</i>	17
Roasted beets (22 oz.) – GF & V <i>Onions, bell peppers, red wine vinegar</i>	16
Broccoli salad (14 oz.) – GF & V <i>Bite-size broccoli tossed with apples, sunflower seeds, dried cranberries and raisins, in pampa mint dressing</i>	17
Pickled cucumbers (24 oz.) – GF & V <i>House-made</i>	13
Pickled radish (24 oz.) – GF & V <i>House-made</i>	13
Cubed feta cheese (12 oz.) – GF & V <i>Sprinkled with parsley and olive oil</i>	10
Fusilli pasta and grape salad (22 oz.)- V <i>Raisins, Parmesan, green peas, Pampa mayo</i>	16
Spiced corn and maple ham salad (20 oz.) <i>Bell peppers, onions, lemon, honey, Pampa hot papaya sauce</i>	17

HOT DISHES FOR THE FAMILY

A large, stylized flame graphic in shades of yellow and orange is positioned behind the menu items, extending from the top right towards the bottom left.

Black bean stew (Feijoada) – (28 oz.) <i>A Brazilian classic! Slow-simmered black beans in beef stock with onions, garlic, beef, and pork</i>	17
Pampa garlic bread (6 slices) <i>Slices of Pampa bread, baked with a garlic sauce</i>	6
Beef stroganoff (28 oz.) <i>Tender marinated beef in a tomato cream sauce with mushrooms</i>	20
White rice (17 oz.) <i>Vegan. Cooked with fresh minced garlic</i>	10
Mashed potatoes (35 oz.) <i>Vegetarian. Oven-roasted in coconut milk, margarine, milk, and a hint of nutmeg and white pepper. Whipped until fluffy and smooth</i>	16
Sautéed Broccoli and carrots (12 oz.) <i>Vegan. Olive oil, garlic</i>	14
Sautéed shrimp (1 lb.) <i>Garlic, butter, lime juice</i>	29
Roasted cauliflower (15 oz.) <i>Vegan. Garlic, chimichurri sauce</i>	15
Penne with chicken in a creamy cheese sauce (26 oz.) <i>Butter, bacon, cream cheese, tapioca starch, Parmesan, and cheddar</i>	18

MEALS FOR ONE

Pampa Barbecue Plate **19.50**
*Choose one flame-grilled meat (5 oz.), one salad,
 one Brazilian side, and one starch*

Choose one meat

- Parmesan Pork
- Pork Garlic Sausage
- Marinated Chicken Drumsticks
- Garlic Steak
- Bacon-Wrapped Chicken Thighs

Add extra meat

8

Choose one salad

- Caesar salad
- Substitute for gluten-free croutons*
- Mixed greens salad (passion fruit dressing)
- Potato salad
- Fusilli pasta and grapes salad

1

Add extra salad

5

Substitute for gluten-free croutons for Caesar salad

1

Choose one Brazilian side

- Black bean stew (contains beef and pork)
- Beef stroganoff
- Penne with chicken in a creamy cheese sauce (contains bacon)

Choose one starch

- White rice
- Mashed potatoes

Add extra Brazilian side or extra starch

6

Black bean stew (Feijoada) and rice

15

*A Brazilian classic! Slow-simmered black beans in beef stock
 with onions, garlic, beef, and pork on garlic rice.
 Topped with "farofa de dende" & vinaigrette*

Stroganoff and coconut mashed potatoes

15

*Tender marinated beef in a tomato cream sauce with
 mushrooms on coconut mashed potatoes*



HOUSE-MADE FRESH SAUCES AND DRESSINGS

From the Pampa kitchen to your home. All servings are 11 oz.

Chimichurri	8
Caesar Dressing	8
Mayonnaise	8
Hot Papaya Sauce	8
Mint Dressing	10
Red wine horseradish	8
Dulce de leche (Caramel sauce)	8

HOUSE-MADE FROZEN SAUCES

From the Pampa kitchen to your home. All servings are 12 oz.

Gravy	10
BBQ Sauce	10
Pampa tomato sauce	6

HOUSE-MADE MARINADES AND SEASONING

Pampa Marinades (1 liter) Marinades up to 8 lbs. of meat Chicken, pork, or lamb	8
Garlic purée 12 oz.	8
Pampa coarse sea salt 2 lbs.	5
Cinnamon and sugar blend 12 oz.	5

DESSERTS AND NON-ALCOHOLIC BEVERAGES

Cheesecake Dulce de Leche (Slice) <i>Cream cheese, cookies, house-made dulce de leche</i>	7
Pampa Cake <i>Layers of passion fruit mousse and chocolate mousse, enveloped in chocolate ganache</i>	
Slice	6
Whole Pampa cake (10 slices) – 5" x 7"	40
Guarana (Brazilian soda)	4
San Pellegrino (sparkling water)	5